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CARES AND DISTRACTIONS

We are in a season that distractions are causing so many to keep their eyes off the word of God. There are signs in the heavenlies, there is chaos in our country. There are wars in foreign lands, and there are plagues. Any of these things could cause one to fear, but God does not want us bound up by these cares and distractions.

2 Timothy 1:7 tells us, ***“For God hath not give us (you and I the believers) the spirit of fear; but of power, and of love, and of a sound mind.”*** Fear caused by cares of this world and distractions does not come from God. God brings peace when we keep our minds focused (stayed) on him.

How do we do that in a world of distractions and cares? We focus on the promises of God and not on the problems. As we study the scripture, we find there is a promise for every problem. The solution is to speak God’s promises aloud and not speak the problem aloud.

So many in the body of Christ speak about their lives from the victim’s standpoint and not from the victory that we have through Christ Jesus. This shows they are walking in fear and not in faith. Our words define us, my friends. We must control our tongue. The book of James tells us a lot about that. We are to put a bridle on our mouth, so we do not speak what we see with the natural eye [the problem] but speak the right things that are ours through the promises of God.

Distractions? Cares? Yes, but God overrides all of them with his promises. Read the word, write down the promise, and start speaking those promises aloud over yourself. No distraction or cares of this life should deter us from the peace that God brings.

In Philippians 4:6 it says in the Amplified version, ***“Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God. And the peace of God [that peace which reassures the heart, that peace] which transcends all understanding, [that peace which] stands guard over your hearts and your minds in Christ Jesus [is yours.]”***

Yes, that peace is ours! We are to do as 1 Peter 5:7 says, ***“Casting all your care upon him [Jesus]; for he careth for you.”*** Give those cares and distractions to God. Do not let the seed [promises in the word] be stolen by Satan. Instead, focus on the promises God gives us in his word [Mark 4:19] and you shall have victory in your life.